

275 S. Bryn Mawr AvenueBryn Mawr, PA 19010(610) 525-9730

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THE RADWYN RAMBLER

Sue Rook, Property Manager

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Summer Time Has Sprung!

Things are heating up here at Radywn Apartments. We are excited for the weather and everything that summer brings, especially the opening of our outdoor pool for some fun in the sun! If you haven't yet, stop by the office to pick up your pool passes

2015 Pool Hours

May 23-June 30

Monday-Friday: Noon-7 p.m. Saturday-Sunday: 11 a.m.-7 p.m.

July 1-Sept. 7

Monday-Friday: Noon-8 p.m. Saturday-Sunday: 11 a.m.-8 p.m.

Sept. 8-Sept. 13

Monday-Friday: Noon-7 p.m.

Holidays (July 4, Sept. 7): 11 a.m.-8 p.m.

Please note children under 12 must be accompanied by parent or guardian.

A GREAT RECIPE FOR STAYING COOL THIS SUMMER: VERY BERRY BREAKFAST

Ingredients

1 c frozen, unsweetened raspberries
¾ c chilled, unsweetened almond or rice milk
¼ c frozen, pitted, unsweetened cherries or raspberries
1½ tbsp honey
2 tsp finely grated fresh ginger
1 tsp ground flaxseed

Combine all ingredients in blender, adding lemon juice to taste. Puree until smooth. Pour into two chilled glasses.

Nutrition (per serving-makes two servings) 112 cals, 1.5 g fat, 0 g sat fat, 56 mg sodium, 25.5 g carbs, 20 g sugars, 3 g flaxseed fiber, 1 g protein



4th of July Saftey Tips

Fireworks Safety

The safest way to enjoy fireworks is to attend a public

fireworks show put on by professionals. Stay at least 500 feet away from the show. Many states outlaw non-professional fireworks and **ARE NOT PERMITTED** at Radwyn, but if someone is setting fireworks off at home, follow these safety steps:

- Never give fireworks to small children.
- Always follow the instructions on the packaging.
- Keep a supply of water close by as a precaution.
- Make sure the person lighting fireworks always wears eye protection.
- Light only one firework at a time and never attempt to relight "a dud."
- Store fireworks in a cool, dry place away from children and pets.
- Never throw or point a firework toward people, animals, vehicles, structures or flammable materials. Leave any area immediately where untrained amateurs are using fireworks.

Grilling Rules

Summer grilling season is here! Please remember that personal grills are not permitted on decks and patios, but we have grill areas for you to use. Please keep the following rules in mind when grilling.

- Grills may be used by residents only
- Residents must be over the age of 18 to use the grills
- No alcohol or glass near the grill
- Use of radios or other audio/video devices without personal headphones is prohibited
- Residents must stay with the grill while it's heating up and while you are cooking
- Water must be available at all times to extinguish uncontrolled flames
- Douse charcoal with water to ensure fire is completely extinguished before leaving the area
- Clean the grill top before leaving

July 26th is Resident Appreciation Day!

Join us for entertainment, food and games.

Maintenance Corner

It's getting hot out there! Don't forget to switch your thermostat from "heat" to "cool" to turn on your air-conditioning unit this summer. For comfort and energy-efficiency, we recommend you set your thermostat to 78 degrees F. If you experience a maintenance emergency, please contact our emergency services at (215) 546-2525.

Outdoor Living Space/Patio and Balconies

As a reminder, your balconies and patios are to be kept uncluttered. You are welcome to place tables, chairs and a potted plant or two on your balconies or patios; however, the following are examples of prohibited items: hanging clothes, trash cans or other waste storage, bicycles or any kind of grill. These can be considered unsightly and a fire hazard, and detract from the property appearance.

Dog Owners

We love having our four-legged family members here at Radwyn Apartments. We consider them a part of the Radwyn family, and thoroughly enjoy seeing them out and about. Please remember courtesy when you are walking your dog: Please walk them along the perimeter of the complex and not in the courtyards. Also remember that you must clean up after your dog. If it is brought to our attention that you are leaving your dog's messes behind, there will be a \$100 fine. We want to ensure that our residents are living in a clean complex.

We would also like to remind you that your dogs must be on a leash at all times when they are outside, with the exception of in the doggy park. If they are not on a leash, there will also be a fine of \$100. This ensures the safety of your dog, as well as the safety of our other residents.

As a courtesy to your fellow neighbors, please encourage your dog to be quiet and not disruptive. We understand that dogs bark and make noise, but please try to limit the noise so it is not continuous and bothersome to those around you.

Community Garden

Sorry, the garden is now filled. But not to worry: Next year we will be expanding! Reserve soon.

More Summer Fun Coming Soon

We're planning a fun event with water ice, hot dogs and a flea market. Flyers will be posted soon with the date and time.

Storage Lockers

Want a storage locker? We would be happy to accommodate. Rates start at \$125 for the year. If interested, contact the Leasing Office and one will be assigned to you. Please do not put a lock on an empty locker, as it may already be assigned to someone else.